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<table>
<thead>
<tr>
<th>APC Type</th>
<th>2021 Article Processing Charge (APC)</th>
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<tbody>
<tr>
<td>Regular</td>
<td>NA</td>
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</table>

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  - Manuscript title
  - Short running title
  - All authors: full name, academic degree(s), departmental and institutional affiliation(s)
  - Corresponding author: full name, academic degree(s), departmental and institutional affiliation(s), e-mail address, mailing address, telephone number
  - Conflict of interest statement: Every named author must disclose their conflicts or lack thereof through ICMJE COI forms
  - Details of earlier presentation: date(s) and site(s) of presentation (if applicable)
  - Funding
  - Acknowledgments, if any

- **MANUSCRIPT FILE**
  - Manuscript title
  - Abstract and keywords
  - Full manuscript with the appropriate headings when applicable
  - Ethics statement: Statement of institutional review board approval and/or statement of obtaining necessary informed consent(s). This should be included in the methods section
  - References: Cited sequentially in AMA style
  - Figure legends (Figure files should be uploaded separately)
  - Tables and their legends (include tables in the manuscript file)
  - Figures and tables must be cited sequentially in the main document
  - Formatted as double-spaced in 12-point font with 1-inch margins all around and saved as one file
  - Page and line numbers should be included

- **ART FILES**
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**Article Types**

The following graph shows what types of articles are accepted for publication, and what requirement they may have.

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<th>Keywords Limit</th>
<th>Title Limit</th>
<th>Tables/Figures Limit</th>
<th>References Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Original article (up to 3,500 words)</td>
<td>Up to 300 words (Structured: Background, Methods, Results, Conclusions)</td>
<td>3 to 7 keywords</td>
<td>Up to 35 words</td>
<td>Up to 5 tables/figures</td>
<td>Up to 60 references</td>
</tr>
<tr>
<td>Review article (up to 4,000 words)</td>
<td>Up to 300 words (Unstructured abstract)</td>
<td>3 to 7 keywords</td>
<td>Up to 35 words</td>
<td>Up to 5 tables/figures</td>
<td>Up to 100 references</td>
</tr>
<tr>
<td>Brief report (up to 750 words)</td>
<td>Up to 150 words (Structured: Background, Methods, Results, Conclusions)</td>
<td>3 to 7 keywords</td>
<td>Up to 35 words</td>
<td>Up to 2 tables/figures</td>
<td>Up to 15 references</td>
</tr>
<tr>
<td>Case report (up to 1,000 words)</td>
<td>Up to 150 words (Unstructured abstract)</td>
<td>3 to 7 keywords</td>
<td>Up to 35 words</td>
<td>Up to 5 tables/figures</td>
<td>Up to 10 references</td>
</tr>
<tr>
<td>Correspondence (up to 750 words)</td>
<td>Up to 150 words (Unstructured abstract)</td>
<td>3 to 7 keywords</td>
<td>Up to 35 words</td>
<td>Up to 2 tables/figures</td>
<td>Up to 10 references</td>
</tr>
<tr>
<td>Editorial (up to 1,500 words)</td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
<td>n/a</td>
<td>Up to 15 references</td>
</tr>
<tr>
<td>Letter to Editor (up to 300 words)</td>
<td>n/a</td>
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<tr>
<td>In Response (up to 300 words)</td>
<td>n/a</td>
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<td>n/a</td>
<td>Up to 5 references</td>
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</tbody>
</table>

- **Original Article**: These include randomized controlled trials, intervention studies, studies of screening and diagnostic test, outcome studies, cost effectiveness analyses, case-control series, and surveys with high response rate. The text of original articles amounting to up to 3,500 words (excluding abstract, references and tables) should be divided into sections with the headings Abstract (Structured: Background, Methods, Results, Conclusions) up to 300 words, Key-words (3–7 MeSH words), Introduction, Materials and Methods, Results, Discussion, Conclusions, References, Tables and Figure legends.

- **Brief Report**: These are similar to original research in that they follow the same format and guidelines, but are designed for small-scale research or research that is in early stages of development. These may include preliminary studies that utilize a simple research design or a small sample size and that have produced limited pilot data and initial findings that indicate need for further investigation. Brief reports are much shorter than manuscripts associated with a more advanced, larger-scale research project. The text of brief reports amounting to up to 750 words (excluding abstract, references and tables) should be divided into sections with the headings: Abstract (Structured: Background, Methods, Results, Conclusions; up to 150 words), Key-words (3–7 MeSH words), Introduction, Materials and Methods, Results, Discussion, Conclusions, References (up to 15 references), Tables and Figure legends.

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summary of the article. The section titles would depend upon the topic reviewed. Authors submitting review article should include a section describing the methods used for locating, selecting, extracting, and synthesizing data.

- **Case Report:** New, interesting and rare cases can be reported. They should be unique, describing a great diagnostic or therapeutic challenge and providing a learning point for the readers. These manuscripts could be of up to 1,000 words (excluding abstract and references) and should have the following headings: Abstract (unstructured, up to 150 words), Key-words, Introduction, Case report, Discussion, Conclusion, Reference, Tables and Legends. The case reports could be supported with up to 10 references. The number of images/figures/tables/graphs is to be limited to 5. Case reports can include up to 5 authors.

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### General Guidelines

- You must submit a digital copy of your manuscript. Hard copy submissions are not accepted.
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- Page and line numbers should be included.
- Each figure should be saved as its own separate file. Do not embed figures within the manuscript file. This requires special handling by Thieme’s Production Department.
- Keep abbreviations to a minimum and be sure to explain all of them the first time they are used in the text.
- The manuscripts should be written in American English.
- The authors should use International System of Units (SI) measurements. For clarity, nonmetric equivalents may be included in parentheses following the SI measurements.
- Use generic names for drugs. You may cite proprietary names in parentheses along with the name and location of the manufacturer.
- Credit suppliers and manufacturers of equipment, drugs, and other brand-name material mentioned in the manuscript within parentheses, giving the company name and primary location.
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- This journal adheres to a **double-blinded peer-review policy.** The title page should **NOT** be included in the main document.
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- Details of earlier presentation: date(s) and site(s) of presentation (if applicable).
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See the section Article Types for word limits. Structured format (Background, Methods, Results, Conclusions) is necessary for original articles and brief reports, not necessary for review articles or case reports. The abstract should briefly outline the content of the article and any conclusions it may reach. The keywords should be wording a reader would be likely to use in searching for the content of the article.

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- Create tables using the Table function in Microsoft Word.

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- References must be cited sequentially (NOT alphabetically) in the text using superscript numbers.
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• List all author names, up to and including six names. For more than six authors, list the first three followed by et al.
• References should be styled per the following examples:

1. Citing a journal article:

2. Citing a chapter in a book:
3. Citing a book:
   Stryer L. Biochemistry. 2nd ed. San Francisco: WH Freeman; 1981:559–596

4. Citing a thesis:

5. Citing a government publication:

6. Citing an online article:

7. Citing a symposium article:
   Eisenberg J. Market forces and physician workforce reform: why they may not work. Paper presented at: Annual Meeting of the Association of American Medical Colleges; October 28, 1995; Washington, DC

Figure Legends

- Figures include photographs or radiographs, drawings, graphs, bar charts, flow charts, and pathways, but NOT lists or tables.
- Figures must be cited sequentially in the text. Number all figures (and corresponding figure legends) sequentially in the order they are cited in the text.
- Figure legends should be written after the reference list. Insert a page break between the end of references and the start of figure captions.
- Figure legends should include a description of the figure and/or each lettered part (A, B, etc.) and of any portions of the figure highlighted by arrows, arrowheads, asterisks, etc.
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- Data given in tables should be commented on but not repeated in the text. Be sure that lists or columns of related data are composed in a word-processing program like the rest of the text.
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- Tables must be double-spaced and numbered in the same sequence they are cited in the text. A short descriptive title should be provided for each table.
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- Any abbreviations used in the table should be explained at the end of the table in a footnote.
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- The following formats are acceptable: *.avi, *.mov and *.mpg.
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General Guidelines

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- Do not submit art created in Microsoft Excel, Word, or PowerPoint. These files cannot be used by the typesetter.
- Acceptable figure file formats are .tif, .eps, .jpg, .pdf.
- Save each figure in a separate file.
- Do not compress files.
- All black-and-white and color artwork should be at a resolution of 300 dpi (dots per inch) in TIFF format. Line art should be 1,200 dpi in EPS or TIFF format. Contact the Production Editor at Thieme if you are unsure of the final size.
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Note: Lower resolutions (less than 300 dpi) and JPEG format (.jpg extension) for grayscale and color artwork are strongly discouraged due to the poor quality they yield in printing, which requires 300 dpi resolution for sharp, clear, detailed images. JPEG format, by definition, is a lower resolution (compressed) format designed for quick upload on computer screens.

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Color Art

- All color artwork should be saved in CMYK, not RGB.

Art Labels

- Arrows, asterisks, and arrowheads (or other markers) should be white in dark or black areas and black in light or white areas, and large in size. If not, these highlighting marks may become difficult to see when figures are reduced in size during the typesetting process.
- Use 1-point (thicker) rules and leader lines.
- Capitalize the first word of each label and all proper nouns. Consider using all capitals if you need a higher level of labels.
- Where there are alternate terms or spellings for a named structure, use the most common one and make sure it is consistent with what is used in the text.
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- Consult the checklist on the first page of this document to ensure that you are ready to submit your manuscript.
- Manuscripts must be submitted electronically at the following link: https://www.manuscriptmanager.net/ajm
- Always review your manuscript before submitting it. You may stop a submission at any phase and save it to submit later. After submission, you will receive a confirmation email. You can also check the status of your manuscript by logging in to the submission system. The Editor in Chief will inform you via email once a decision has been made.

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Please follow the standard Levels of Evidence for Primary Research and the reporting guidelines specified by this table:

<table>
<thead>
<tr>
<th>Type of Study</th>
<th>Guidelines</th>
</tr>
</thead>
<tbody>
<tr>
<td>Randomized controlled trials</td>
<td>CONSORT</td>
</tr>
<tr>
<td>Studies of diagnostic accuracy</td>
<td>STARD</td>
</tr>
<tr>
<td>Systematic reviews and meta-analyses</td>
<td>QUOROM/PRISMA</td>
</tr>
<tr>
<td>Observational studies in epidemiology</td>
<td>STROBE</td>
</tr>
<tr>
<td>Meta-analyses of observational studies in epidemiology</td>
<td>MOOSE</td>
</tr>
</tbody>
</table>

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