

# Instructions to Authors to Revista Chilena de Ortopedia y Traumatología / Chilean Journal of Orthopaedics and Traumatology

The Chilean Journal of Orthopaedics and Traumatology (RCHOT) is the official scientific journal of the Chilean Society of Orthopaedics and Traumatology. It publishes original articles of clinical research or basic sciences, review or clinical experiences emanating from medical practice, clinical cases difficult to diagnose, notes on the history of the specialty and letters to the director, which represent a contribution to specialists in Orthopaedics and Traumatology and contribute to the training of doctors in the specialty and others related. All papers must conform to the regulations established in the Instructions for Authors and those that comply with these formal requirements, will be subject to review by 2 experts of the Editorial Committee designated by the Director of the Journal considering the standard revision guidelines. The Chilean Journal of Orthopaedics and Traumatology has an External Editorial Board for expert arbitration for major editorial decisions.

## Editorial ethics

### Human and animal rights

If the study involves people or animals, the author must ensure that the research was conducted according to the WHO code of ethics (Declaration of Helsinki) in human experiments <http://www.wma.net/en/30publications/10policies/b3/index.html>; EU Directive 2010/63/EU for animal experiments [http://ec.europa.eu/environment/chemicals/lab\\_animals/legislation\\_en.htm](http://ec.europa.eu/environment/chemicals/lab_animals/legislation_en.htm); Uniformity requirements of manuscripts sent to biomedical journals <http://www.icmje.org>. Authors must state in their manuscript that they have obtained informed consent for human experimentation. The privacy rights of individuals must be taken into account at all times.

### Conflict of interests

All authors must report any potential conflicts of interest with other persons or organizations filling in the **International Committee of Medical Journal Editors - ICMJE Conflict of Interest form** (<http://www.icmje.org/conflicts-of-interest/forms>). Examples of possible conflicts of interest include employment, consulting services, ownership of shares, remuneration, testimony of paid experts, patent applications / patents, and other funding. If there is no conflict of interest, the following must be declared: "Authors declare no conflict of interest".

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The presentation of an article requires that: the work has not been previously published; that it has not been simultaneously submitted to another publication; that its publication is authorized by all authors, and by the authorities responsible for the place where the work was carried out; and, if accepted for publication, that it will not be published in the same or any other media, format or language without the written consent of the copyright holder.

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## Informed consent and patient data

Studies with patients or volunteers require ethical committee approval and written informed consent. When an author wishes to include case data or other personal information, or images of patients and other persons, he must obtain appropriate permissions, consents and assignments. The author must provide copies of written informed consents. For more information, see ICMJE politics regarding registration of clinical trials (<http://www.icmje.org/>). If authors do not have patient's written consent, patient's personal data must be removed before submitting manuscript.

## Manuscript submission

All manuscripts must be submitted in accordance with instructions and journal policy via RCHOT online platform ([www.editorialmanager.com/rchot](http://www.editorialmanager.com/rchot)). See the general instructions for use of the at: [www.thieme.com/rchot](http://www.thieme.com/rchot).

## Preparation

Use text document format for Manuscripts and Pub Letters, preferably Microsoft Word. Texts should be prepared According to the following requirements. Figure, Table, and text Graphic files must be provided separately, not within Manuscript file.

## Requirements for manuscript submission

- **Pub Letter** signed by all authors addressed to RCHOT Director stating (a) full name of the authors and respective affiliations; (b) institution, city and country where the work was performed; (c) confirmation that the material has not been submitted or published in another journal or scientific publication; and (d) confirmation that all authors have read and approved the manuscript, and have full responsibility for the information delivered. If the study involves human subjects, it must bring informed consent(s), and ethical committee approval. If the Study involves animals, it must be authorized by the Ethics and Animal Welfare Committee (SEBA) of the corresponding institution.
- **Original Articles, Review Articles, and Case Reports** should be as brief and clear as possible, and include the following sections: (1) Full title in Spanish and English, preferably limited to 90 characters; (2) Running title in manuscript's language, preferably limited to 60 characters; (3) Structured abstract (maximum of 250 words) and keywords, in Spanish and English; (4) Text of the body of the manuscript; (4) Acknowledgments; (5) References; (6) Tables and Figures captions and/or legends, if any; Tables and Figures separate files; (8) Checklist for the submission of manuscripts (Checklist at the end).
- **Letter to the Editor** should be as brief and clear as possible, and include: (1) Full title in Spanish and English, preferably limited to 90 characters; (2) Running title in manuscript's language, preferably limited to 60 characters; (3) Text of the body of the manuscript; (4) References, if any; (5) Tables and Figures captions and/or legends, if any; (6) Tables and Figures separate files; (7) Checklist for the submission of manuscripts (Checklist at the end).
- **Editorial** shall be only by invitation, and include: (1) Full title in Spanish and English, preferably limited to 90 characters; (2) Text of the body of the manuscript; (3) References, if any; (4) Tables and Figures captions and/or legends, if any; (5) Tables and Figures separate files; (5) Checklist for the submission of manuscripts (Checklist at the end).

In order to preserve the anonymity of the manuscript throughout the peer-review process, any identification must be limited to the system, or the Pub Letter.

## Abstract Structure

- **Objective:** fundamental purpose of the work;
- **Material and Method:** study design, diagnostic criteria evaluation criteria and whether it is retrospective or prospective. The procedure for patient selection, selection, inclusion and exclusion criteria should be mentioned. In the case of experimental study, the number and type of animals used shall be indicated;
- **Results:** should refer to the most relevant and significant results of the study as well as its statistical evaluation;
- **Discussion or Comment:** indicate the main findings of the study and compare with what was published on the topic;
- **Conclusions:** mention those that emanate and directly support the data and its clinical applicability.

- **Keywords:** in Spanish and English, minimum of 3 and maximum of 6, focused on the main objective of the publication, required for indexing, in alphabetical order.
- **Level of evidence:** in each manuscript should be included the level of evidence of the research.

## Body of the manuscript

**Introduction:** Authors should summarize the rationality of the study or observation and should clearly state the purpose/objective of the work and the hypothesis posed by the research team. It should refer to the recent and most relevant literature published in relation to the topic studied. It should be brief and focused on the problem of study. It should create interest in the reader, identify and highlight controversies.

**Material and method:** It should be a technical description of the study design. It must be complete and reproducible by other investigators, including necessary information about the design and describe the selection, inclusion and exclusion criteria and randomization in the appropriate case. Rationality must be expressed for experimental design.

It should include the statistical methodology used in the analysis of the results.

The ethical standards followed by researchers in both human and animal studies should be described and reviewed and approved by an ad hoc committee of the institution in which the study was conducted. If requested by the Editor, authors must attach the respective approval document. Studies in experimental animals should be accompanied by approval by the respective ethics committee.

Patient data should be kept confidential, patients should be identified using correlative numbers, do not use their initials or RUT numbers or hospital token numbers.

Identify the drugs and chemical compounds used, with their generic name, dosage and route of administration.

**Results:** Should be concise and clear. All methods used should be reflected in the results, as described in the statistics. It should be organized as the methods section. The numbers must be adequate and add the indicated N. The text must be consistent with the Tables and Figures, but do not repeat what is in tables and figures.

**Discussion or commentary:** Discussion will focus on the new and important aspects of his study and the conclusions he proposes from them and not a review of the topic in general. The similarities and differences will be explained and the meaning of the results will be clarified and compared with other relevant studies, identified through the respective bibliographic citations.

Briefly explain weaknesses in your work, specifically consider possible biases. Finally explain whether your hypothesis was tested or not and raise new hypotheses when it seems appropriate, but clearly rate them as such. When appropriate, propose your recommendations.

**Conclusions:** If presented, they should be detailed and precise and should be clearly separated from the results obtained. There should also be no theories that are not supported by the results and statistics of the study.

**Acknowledgments (optional):** Express appreciation to those individuals and institutions who made substantial contributions to make the work possible. Authors are responsible for the mention of individuals or institutions to whom readers could attribute support to the results of the work and its conclusions. Revista Chilena de Ortopedia y Traumatología will add at this point any acknowledgment for economic and material assistance declared on the paper homepage, as well as the declaration of the existence or not of a conflict of interest of each of the authors.

## References

Only citations relevant and read by the authors should be included. References must be numbered in order of appearance as first cited in the text. Identify them using Arabic numerals at the end of the sentence or paragraph in which they are alluded to. References that are cited only in the tables or in the legends of the figures should be numbered in the sequence that corresponds to the first time these tables or figures are cited in the text.

The accuracy and veracity of the bibliographic references are of the most importance, and must be guaranteed by the authors.

### How to cite:

**Journal article:** last name and initial of the author's name, in capital letters. Mention all authors when they are six or less; if they are seven or more, include the top six and add "et al." Limit the score to commas that separate authors from each other. Follow the full title of the article, in its original language. Then, the name of the magazine in which it appeared, abbreviated according to the style used by the Index Medicus: year of publication, volume of the magazine: initial and final page of the article.

Example: Mouat V, Moya H, Oviedo S. Osteopetrosis or Marmoreal Disease. Rev Chil Ortop and Traum. 2000; 41: 141-4.

**Chapter of book:** author of the chapter. Title of chapter. In: Director / Coordinator / Literary Editor of the book. Title of the book. Edition. Place of publication: Editorial; year. Home page of the chapter-final page of the chapter.

Example: Rader DJ, Hobbs HH. Disorders of lipoprotein metabolism. In: Barnes PJ, Long DL, Fauci AS, et al, editors. Harrison's principles of internal medicine. Vol. Mexico: McGraw-Hill; 2012. p. 3145-3161.

**Article in electronic format:** Complete quotation and then date in which the consultation and electronic site where the appointment and the. Ex: Rev Chil Ortop and Traum Rev Med Chile 2000; 41: 141-4. (Read 20 Jul 2013). Available at: www.scielo.cl.

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Other types of publications, adhere to the examples given in the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals".

## Tables

Each table should be concise and summarize the results expressed. They must be typewritten on separate sheets and listed consecutively with Arabic numerals in the same order of appearance in the text, where they will be cited.

Each column must have a short and abbreviated heading indicating at the bottom of the table the meaning of each abbreviation. You should not repeat the material found in the text. Columns and rows must be logically ordered. N, mean and standard deviation should be used in each table. Each table must have an explanatory title.

## Figures and illustrations

Digitized images in JPG, TIFF or EPS format of at least 300 dpi resolution. They must come in separate files and with their

corresponding legend, which must be referenced at the end of the text of the manuscript.

The x-ray or images of anatomical pieces, surgeries, etc., must carry indicative arrows to clearly orient the reader of what one wishes to show. Images alone are not self-explanatory.

## After acceptance

### Author proofing

An e-mail for author proofing (in PDF files) will be sent to the corresponding author with instruction and link for download. Adobe Reader version 9 (or higher), available at <http://get.adobe.com/reader>, shall be downloaded. The weemail will include the instructions for making annotations in PDF files (also available online). The exact system requirements can be found on the Adobe website: <http://www.adobe.com/products/reader/tech-specs.html>. If you do not want to use the PDF annotation feature, you can list the corrections (including the answers to the doubts form) and send them to Thieme via email. List the corrections indicating the query number. Author proofing serves to check composition, editing, finishing and minor correction of text, tables and figures (if any). In this phase, significant changes will be considered in the article only with the permission of the Director. It is important to make sure that all corrections are sent back to us in a communication: check it thoroughly before responding, as we cannot guarantee that later corrections can be incorporated.

## Revision List for Checklist Submission Revised Requirement

1. Title of the work in Spanish and English
2. First, middle and last names of each author (within Pub Letter file)
3. Affiliation, city and country of each author (within Pub Letter file)
4. Pub Letter signed by each author accepting the publication of the manuscript
5. Informed Consent in Human Subjects (if applicable)
6. Corresponding author postal address, phone, fax, email address (within Pub Letter file)
7. Funding Source (if applicable)
8. Abstract in Spanish and in English
9. Keywords in Spanish and English
10. References list cited within the text
11. Citation of Tables, Graphs and Figures in the text in order of appearance
12. Introduction
13. Material and methods
14. Results
15. Discussion or Comment
16. Conclusions
17. Acknowledgements
19. Bibliographic references
20. Tables (and respective legends)
21. Graphics and Figures (and respective captions/legends)
22. Sequence of Authors (within Pub Letter file)
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