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The Chilean Journal of Orthopaedics and Traumatology (RCHOT) is the official scientific Journal of the Chilean Society of Orthopaedics and Traumatology. It publishes original articles of clinical research or basic sciences, review or clinical experiences emanating from medical practice, clinical cases difficult to diagnose, notes on the history of the specialty and letters to the director, which represent a contribution to specialists in Orthopaedics and Traumatology and contribute to the training of doctors in the specialty and others related. All papers must be conform to the regulations established in the Instructions for Authors and those that comply with these formal requirements, will be subject to review by 2 experts of the Editorial Committee designated by the Director of the Journal considering the standard revision guidelines. The Chilean Journal of Orthopaedics and Traumatology has an External Editorial Board for expert arbitration for major editorial decisions.

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Manuscript submission

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Preparation

Use text document format for Manuscripts and Pub Letters, preferably Microsoft Word. Texts should be prepared According to the following requirements. Figure, Table, and text Graphic files must be provided separately, not within Manuscript file.

Requirements for manuscript submission

- **Pub Letter** signed by all authors addressed to RCHOT Director stating (a) full name of the authors and respective affiliations; (b) institution, city and country where the work was performed; (c) confirmation that the material has not been submitted or published in another journal or scientific publication; and (d) confirmation that all authors have read and approved the manuscript, and have full responsibility for the information delivered. If the study involves human subjects, it must bring informed consent(s), and ethical committee approval. If the Study involves animals, it must be authorized by the Ethics and Animal Welfare Committee (SEBA) of the corresponding institution.
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In order to preserve the anonymity of the manuscript throughout the peer-review process, any identification must be limited to the system, or the Pub Letter.

Abstract Structure

- Objective: fundamental purpose of the work;
- Material and Method: study design, diagnostic criteria evaluation criteria and whether it is retrospective

or prospective. The procedure for patient selection, selection, inclusion and exclusion criteria should be mentioned. In the case of experimental study, the number and type of animals used shall be indicated;

- Results: should refer to the most relevant and significant results of the study as well as its statistical evaluation;
- Discussion or Comment: indicate the main findings of the study and compare with what was published on the topic;
- Conclusions: mention those that emanate and directly support the data and its clinical applicability.
- Keywords: in Spanish and English, m'nimum of 3 and maximum of 6, focused on the main objective of the publication, required for indexing, in alphabetical order.
- Level of evidence: in each manuscript should be included the level of evidence of the research.

Body of the manuscript

Introduction: Authors should summarize the rationality of the study or observation and should clearly state the purposeobjective of the work and the hypothesis posed by the research team. It should refer to the recent and most relevant literature published in relation to the topic studied. It should be brief and focused on the problem of study. It should create interest in the reader, identify and highlight controversies.

Material and method: It should be a technical description of the study design. It must be complete and reproducible by other investigators, including necessary information about the design and describe the selection, inclusion and exclusion criteria and randomization in the appropriate case. Rationality must be expressed for experimental design.

It should include the statistical methodology used in the analysis of the results.

The ethical standards followed by researchers in both human and animal studies should be described and reviewedand approved by an ad hoc committee of the institution in which the study was conducted. If requested by the Editor, authors must attach the respective approval document. Studies in experimental animals should be accompanied by approval by the respective ethics committee.

Patient data should be kept confidential, patients should be identified using correlative numbers, do not use their initials or RUT numbers or hospital token numbers.

Identify the drugs and chemical compounds used, with their generic name, dosage and route of administration.

Results: Should be concise and clear. All methods used should be refl ected in the results, as described in the statistics. It should be organized as the methods section. The numbers must be adequate and add the indicated N. The text must be consistent with the Tables and Figures, but do not repeat what is in tables and figures.

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Briefly explain weaknesses in your work, specifically consider possible biases. Finally explain whether your hypothesis was tested or not and raise new hypotheses when it seems appropriate, but clearly rate them as such. When appropriate, propose your recommendations.

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Acknowledgments (optional): Express appreciation to those individuals and institutions who made substantial

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References

Only citations relevant and read by the authors should be included. References must be numbered in order pf appearance as first cited in the text. Identify them using Arabic numerals at the end of the sentence or paragraph in which they are alluded to. References that are cited only in the tables or in the legends of the figures should be numbered in the sequence that corresponds to the first time these tables or figures are cited in the text.

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Other types of publications, adhere to the examples given in the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals".

Tables

Each table should be concise and summarize the results expressed. They must be typewritten on separate sheets and listed consecutively with Arabic numerals in the same order of appearance in the text, where they will be cited. Each column must have a short and abbreviated heading indicating at the bottom of the table the meaning of each abbreviation. You should not repeat the material found in the text. Columns and rows must be logically ordered. N, mean and standard deviation should be used in each table. Each table must have an explanatory title.

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The x-ray or images of anatomical pieces, surgeries, etc., must carry indicative arrows to clearly orient the reader of what one wishes to show. Images alone are not self-explanatory.

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- 8. Abstract in Spanish and in English
- 9. Keywords in Spanish and English
- 10. References list cited within the text
- 11. Citation of Tables, Graphs and Figures in the text in order of appearance
- 12. Introduction
- 13. Material and methods
- 14. Results
- 15. Discussion or Comment

- 16. Conclusions
- 17. Acknowledgements
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- 20. Tables (and respective legends)
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