

Aims and Scope

Hormone and Metabolic Research accepts manuscripts in English in the fields of endocrinology and metabolism from clinical and laboratory research, with a preference for experimental over observational studies. Reports dealing with effects of plant extracts and other chemicals on diabetes and other endocrine functions are not subjects covered by this journal. There is a special focus on manuscripts dealing with pituitary, adrenal, thyroid and bone disorders as well as on diseases of the endocrine pancreas.

The aim of the journal is to disseminate new and reliable experimental data from across the field of endocrinology and metabolism to researchers, scientists and doctors worldwide. Correct English will ensure a speedy publication. It is in your own interest to ensure that your paper has been read by a native English speaker; alternatively, you should use a copyediting service like "ENAGO" if you have concerns about the English in your manuscript. Please note that Thieme authors are entitled to a 20% discount at ENAGO (go to enago.com/thieme for more information and to qualify for the discount).

Preprint Server Statement in Authors' Instructions

Hormone and Metabolic Research encourages the submission of manuscripts that have been deposited in an initial draft version in preprint repositories such as Research Square, arXiv, and medRxiv. Drafts of short conference abstracts or degree theses posted on the website of the degree-granting institution, and draft manuscripts deposited on authors' or institutional websites are also welcome. All other prior publication is forbidden.

During submission, authors should (1) note use of the preprint repository in the cover letter, (2) state what adjustments and/or updates the draft has undergone between deposition and submission and (3) cite the preprint, including the DOI, as a reference in the manuscript.

After submission to the journal, and until a final decision has been made, authors are discouraged from depositing versions of their manuscript as preprints. Upon publication authors should add a link from the preprint to the published article. Twelve months after publication, authors can update the preprint with the accepted manuscript.

Originality and overlap

Submission of a manuscript implies that it represents original material that has not been previously published and that it is not being considered or has been submitted for publication elsewhere (previous publication of any of the content, e.g. as an abstract, poster, etc. must be mentioned). Any overlap with previously published papers or with papers currently under consideration elsewhere must be declared by the authors in the cover letter upon submission.

Submission of papers

Hormone and Metabolic Research accepts:

- Original Articles (Endocrine Care/Endocrine Research)
- Reviews and Mini Reviews
- Immediate Interest
- Hypotheses
- Commentaries
- Letters to the Editor
- Symposium Proceedings
- Editorials

All manuscripts must be submitted exclusively via online submission at http://mc.manuscriptcentral.com/hmr

Please refrain from sending manuscripts via e-mail. For submission of all manuscripts, please follow the instructions on the online submission system. Before submission, keep ready full metadata of all manuscripts (title, authors' full names including affiliations and addresses, keywords, abstract, funding, acknowledgement and conflict of interest).

Figures should be uploaded separately as *.tif or *.jpg files (resolution: colored and black-white bitmaps: 300 dpi; diagrams and line drawings: 600

dpi minimum). Tables should be uploaded in a separate Word file (not as a *.jpg file). The legends to the figure and table including Arabic numerals should be entered in the appropriate fields during the file upload. Please note that figures and tables should not be integrated into the main document, but a list with the legends of the figures and tables should be included here. Authors are responsible for the correctness of the manuscripts and the list of references. Nomenclature should follow the recommendations of the International Union for Pure and Applied Chemistry (IUPAC) and the International Union for Biochemistry (IUB). All measurements must be in Systeme International (SI) units.

A. Original Articles (Endocrine Care/Endocrine Research)

Original papers should deal with investigations and results of high scientific value which have not been published previously.

- Original papers should not exceed 6 printed pages, i.e. 5,000 words, including references, tables, figures and legends. A maximum of 4 figures and 3 tables is allowed. Longer manuscripts will be subject to editing and a page charge of € 160 per printed page (including 19% VAT) starting with the seventh printed page.
- 2. Preparation of manuscripts

The authors are asked to follow the outline set below:

a) Introduction also indicating the aim of the study, b) materials and methods, c) results: double presentation of data in the form of text, tables or figures should be avoided, d) discussion and conclusions, e) list of references, f) legends of tables and figures.

NB! Do not include the following information in the main document: Manuscript type, title, authors, affiliations, keywords (3–6 without repeating words in the title), corresponding author, abstract (not more than 250 words without abbreviations), funding, acknowledgement and conflict of interest.

This information is exclusively entered in the appropriate textbox on the online submission system.

3. References

a) Text: Citations and references should be numbered consecutively using square brackets in the order in which they are cited in the text, followed by any in tables or legends. Please do not number references under alphabetical order of authors. Do not use footnotes and hyperlinks. If more than three authors are mentioned in the text, only the first author should be given followed by "et al." When there are two authors always mention both. Example: "...protein concentrations were determined according to Lowry et al. [12].

b) List of References: Only those articles cited in the paper may be included in the reference list. References are listed in order of their citation in the paper. For articles with more than four authors, the first three authors are given followed by "et al." If possibile, please use EndNote for reference management. An Endnote style file with the requested formatting can be downloaded under the following link: https://www.thieme.de/journal-authors.

Journal articles should be cited as follows (after 3 authors "et al"):

[1] Lowry OH, Rosebrough NJ, Farr AL et al. Protein measurement with the Folin phenol reagent. J Biol Chem 1951; 193: 265-275

Book chapters should be cited as follows:

[2] Kerner W, Pfeiffer EF. The artificial pancreas. In: Samols E (ed.) The endocrine pancreas. New York: Raven Press, 1991: 441-456

B. Reviews and Mini Reviews

Reviews deal with previous research on a certain topic and serve to summarize current findings on the topic so far. The structure of the review will vary from an original paper according to the nature of the review. Please aim at no more than 6,500 words and 100 references. All reviews will be refereed.



C. Immediate Interest

Immediate Interest is a novel section intended for the rapid publication of novel findings and/or of current interest. It replaces Short Communications and Rapid Communications. Articles submitted under this category are projects or reports that should contain new clinical and experimental data or research findings of exceptional importance and interest. They must be of wide general appeal. The manuscript should be accompanied by a brief statement from the author explaining why fast publication is merited. The page limit is set at 6 printed pages (including tables, figures, and references) and the manuscript will be subjected to an expedited peer-review process. The author guidelines for Immediate Interest are the same as for Original Articles.

D. Hypotheses

Hypotheses should either formulate a new thesis on the basis of clinical or experimental work or they should challenge a dogma in the field of endocrinology and metabolism. They should line out relations to differing fields of medicine. These papers may contain preliminary data which, taken together with previously published work in the literature, outline speculative, interesting, and novel ways of thinking in a conclusive style. The hypothesis must be testable in future but not so easily that readers wonder why it has not already been done. Hypotheses tend to have the length of approximately 650–1000 words including 2 figures, the shorter – the better!

E. Commentaries

Commentaries are usually invited. They aim at commenting on subjects with a strong impact upon experimental endocrinology and metabolism.

F. Letters to the Editor

This section encourages the authors to exchange ideas freely. The opinions presented will not necessarily reflect the opinions of the Editors.

G. Symposium Proceedings

Symposium proceedings are usually invited. However, organisers of symposia are encouraged to contact one of the Editors.

Supplementary Material

To keep articles as concise and at the same time as informative as possible, authors are encouraged to submit part of their tables and figures as Supplementary Material (SM). The following type of data will be published as SM: high-resolution halftone and color illustrations, and tables summarizing data that are not essential but useful to the understanding of an article. Tables and figures provided as SM must be referred to in the manuscript as follows: Table 1S and Figure 1S. SM has to be submitted as a separate file.

SM is published on the journal's homepage at: http://www.thieme-connect.de/products.

Clinical Trial Registration

All clinical trials considered for publication in *Hormone and Metabolic Research* must be registered in an approved clinical trial database, such as ClinicalTrials.gov (www.clinicaltrials.gov) and the Primary Registries of the WHO Registry Network (https://www.who.int/clinical-trials-registry-plat form/network/primary-registries). The authors submitting the manuscripts reporting on clinical trials must have registered the trials before the start of the study, that is, before enrolment of the first patient.

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- than one element (e.g. pictograms, images, etc.), are your and/or coauthors' own work
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To summarize which material may not be used in your submission:

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Hormone and Metabolic Research offers its authors the option to have their manuscripts published immediately upon acceptance (if the publication preference Open Access is chosen, the manuscript gets published only after payment of the APC has been confirmed).

This means that the unedited, unformatted version of the manuscript as it stands after peer review is published online, with a DOI. Authors wishing to make use of this service will be asked to upload "clean" versions of their manuscripts after every revision; this is a precondition for this service, as is the confirmation that the Copyright Transfer Agreement (CTA) will be signed upon receipt.

$Implications \ of \ ``accepted \ manuscript" \ publication$

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Instructions and further information are available during the submission process and upon request to the Editorial Office.

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